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PEDIATRIC HEALTH CARE

TWO MONTH EXAM

WEIGHT:_____LBS._____OZ. **LENGTH:**_____IN. **HEAD CIRCUMFERENCE:**_____IN.
_____% _____% _____%

Congratulations! Now you should be feeling more relaxed and comfortable caring for your infant. Your baby is now showing signs of love with a smile or a coo.

FEEDING:
Continue feeding breast milk or formula as you have done. Babies at this age are not ready for solid food. Some infants at this age sleep through the night, but some infants are still getting up every three to four hours for feedings. Breast fed babies need to continue their multivitamin (Polyvisol with Iron, TriVisol with Iron).

DEVELOPMENT:
Smiling, cooing, and lifting head high are a few things you can enjoy at this age. Your infant will start to turn his/her head toward certain sounds and will start to enjoy watching bright colored objects. Encourage you baby's language development by cooing and babbling back. Be silly and have fun! Your baby may begin to drool and chew on his/her hands. This is normal and likely related to the development of the salivary enzymes.

SAFETY:
1. At this time, please review your one month exam sheet.
2. Your infant is more active now. This makes falling much more of a problem now. Do not leave your child unattended on high surfaces.
3. DO NOT MICROWAVE your infant's bottles. When you microwave the bottle, the milk is heated unevenly and may cause burns. Microwaving also breaks down the immune properties of breast milk.
4. Never put infant seats on smooth surfaces like kitchen counters or tables!

IMMUNIZATIONS:
Your infant will receive the following immunizations: Pentacel (which includes DTaP, IPV, and Hib vaccines), Prevnar (PCV-13 or pneumococcal vaccine), and oral Rotateq (Rotavirus vaccine) Following the immunizations, your infant may become fussy or develop a fever. You may give Acetaminophen Drops (Tylenol, Tempra, Panadol, etc.) if these symptoms occur. If symptoms persist >48 hours, please call. Please keep a record of any reaction.

NEXT VISIT:
See you in two months, when your infant is four months of age. Your baby will receive the same 3 vaccines then. Enjoy your responsive baby!