



he has a parent whose job or hobby involves lead exposure, or he has a sibling or playmate who has been treated for lead poisoning.

Ensure that your child's car seat is installed correctly in your vehicle and that your child has been properly restrained. Your child should remain rear-facing until the age of 2 years.

**IMMUNIZATION:**

Hepatitis B vaccine #3

**PROBLEMS/CONCERNS:**

1. Appetite is normally decreased.
2. Acting independent or obstinate is normal.
3. Set limits. Baby needs to know what is allowed and what is not allowed. Be consistent.
4. Having problems with going to sleep is normal.
5. Nighttime waking is normal. Comfort, but do not feed, rock, or take baby to bed with you.

**NEXT VISIT:**

See you at twelve months of age. Your baby will receive MMR, Hepatitis A and Pevnar #4.

Enjoy your baby's new skills. Have a great birthday party and, as someone famous once said, "Let them eat cake!"

**ADDITIONAL INFORMATION ON CHOKING**

Common foods and other items which may cause choking problems under 3 years old:

<b>FOODS</b>	<b>OTHER OBJECTS</b>
hot dogs	small toys
chunks of meat	balloons
grapes	buttons
hard candy or m&m's (regular or peanut)	crayons
popcorn or cracker jacks	diaper pins
raisins	coins
chunks of raw fresh fish	modeling clay
raw carrots or celery	marbles
peanuts and other nuts	small rubber balls
marshmallows	
whole kernel corn	
frozen peas	
chewable vitamins	

Older children may eat hot dogs if cut into strips rather than into circles. Creamy peanut butter may be eaten on a sandwich with jelly—never alone. Grapes may be slivered. Fresh fruit may be scraped, and the pulp served rather than chunks. Before serving any food, the child should be sitting well in a highchair and able to self feed with a good pincer grasp.

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# PEDIATRIC HEALTH CARE