

MMR or Measles, Mumps, Rubella Vaccine

The MMR vaccine protects against measles, mumps, and rubella. Each of these three viral diseases are associated with severe and devastating complications, and no treatments are available for these diseases. MMR vaccines are very effective and very safe, providing lifelong immunity in most people who get vaccinated.

The MMR vaccine is given at the 1 year and 4 year visits. The Measles, Mumps, and Rubella vaccines have been in use since the 1960's and the combo vaccine has been available since 1971.

<http://www.aap.org/immunization/illnesses/mmr/measles.html>

<http://www.aap.org/immunization/illnesses/mmr/mumps.html>

<http://www.aap.org/immunization/illnesses/mmr/rubella.html>